

WHOLE SCHOOL WHOLE COMMUNITY WHOLE CHILD



A Collaborative Approach to Learning and Health

For more information

ASCD: www.ascd.org/learningandhealth

CDC: www.cdc.gov/HealthyYouth/cshp



The **Whole School, Whole Community, Whole Child** (WSCC) model combines and builds on elements of the traditional coordinated school health approach and the whole child framework. The focus is directed at the whole school, with the school in turn drawing its resources and influences from the whole community and serving to address the needs of the whole child. ASCD and the U.S. Centers for Disease Control and Prevention (CDC) encourage use of the model as a framework for improving students' learning and health in our nation's schools.

Health Education

Planned learning experiences that provide information and skills students need to make quality health decisions.

- Curriculum: KY Core Content Standards, KidsHealth.org, SPARK Health & Physical Education, Second Steps, Student Success Skills
- Healthy Lifestyle Choices, Classroom Presentations, Guest Speakers
- LifeSkills Curriculum 3rd – 9th grades
- Red Ribbon Week, Tobacco Education

Physical Education & Physical Activity

Instruction designed to develop motor skills, knowledge, and behaviors for health active living, physical fitness, sportsmanship, self-efficacy, and emotional intelligence.

- Recess, Dance Classes, Archery
- Brain Breaks, Take 7/10, GoNoodle, Get Fit, Walk Time
- County-wide Elementary Basketball Program
- Curriculum: KY Core Content Standards, SPARK Health & Physical Education, National Physical Education Standards
- Physical Education Elective Classes – 10th-12th
- Competitive Athletic Teams (6th-12th grades), Special Olympics
- Sports and Youth Camps, Jump Rope and Hoops for the Heart
- JROTC – Physical Training (high schools)
- Promotion of Community Youth Sports and Camps

Nutrition Environment & Services

Opportunities to learn about and practice health eating through available foods and nutrition education.

- National School Lunch & Breakfast Programs – Community Eligibility Option
- Summer Feeding Program, Backpack Programs, MyPlate Program
- Smart Snack Guidelines
- SPARK Health Curriculum K-5
- Healthy Lifestyle Choices, Counseling Curriculum, School Outreach
- Practical Living Curriculum & KidsHealth.org Curriculum
- LifeSkills Curriculum 3rd-9th grades
- County Extension Office Programs

Health Services

Connections to providers to promote the health care of students and a healthy and safe school environment.

- Staff trained in CPR/First Aid
- Big/Great Smiles, Project Smile
- District School Nurse
- On-site KDMC Well-Care Centers at each school
- Vision/Hearing Screenings
- Physical/Occupational Therapists, Speech & Language Therapists
- Random Drug Testing Programs for Students and Staff
- Community Baby Showers
- Free Sports Physicals
- Quality Care for Kids (glasses)

Social & Emotional Climate

Providing a safe and supportive learning environment that promotes health, growth, and development.

- SBDM Policies (Discipline, Wellness, School Space Usage, etc.)
- Emergency Operation Plans/Policies
- District Police Force / School Resource Officers
- Counseling Curriculum, Violence Prevention Programs
- Vision Statements
- Anti-Bullying Programs
- Ripple Effects Program

- SEL Curriculum
- Summer Learning Programs

Counseling, Psychological & Social Services

Prevention and intervention services that support the mental, behavioral, and social-emotional health of students

- Certified School Counselors
- Pathways, Inc., Mountain Comprehensive Care, NECCO, and ReGroup Student Services
- Family Resource & Youth Service Centers
- Individual and Group Counseling: Grief and Loss, Anger and Stress Management, Study Skills, Social Skills, Conflict Resolution
- Behavior Disorder Unit, PBIS Behavioral Training
- Teen Court
- Multi-Tiered System of Support (MTSS)
- Positive Restraint, Child Abuse and Suicide Prevention Training for Educators

Physical Environment

Providing a school environment which promotes learning by ensuring the health and safety of students and staff.

- Monthly Facility Inspections
- Work Order Process for Maintenance Department
- Emergency Operation Plans, Drill Schedules
- Visitor's Policies
- Automated External Defibrillators at all schools
- OSHA Program – Hazard Communication, Bloodborne Pathogens, Personal Protective Equipment

Employee Wellness

Fostering the mental & physical health of staff

- Wellness Checks and Health Screenings
- Flu/Pneumonia Shots
- Employee Wellness Program through KEHP
- On-site KDMC Well-Care Centers at each school
- Staff Celebrations
- Code of Ethics

Family Engagement

Opportunities for families and school staff to work together to support and improve learning, development, and health of students.

- Family/Parent Nights, Holiday Celebrations/Performances
- Open Houses, Book Fairs, Resource Fair
- Back to School Kickoff, Back to School Blitz
- Communication – Emails, texts, phone, Facebook, radio, surveys, announcements
- Student Performances
- Special Programs, Award Ceremonies
- Volunteer Programs
- Parent Involvement Policy, Parent/Teacher Conferences
- SBDM Meetings, PTA/PTO

Community Involvement

Community partners who support student learning, development and health-related activities.

- Career Fairs
- 4-H and Extension Office Programming
- KDMC Partnership & Business Sponsorships for Family Events
- Post-Secondary Partnerships (Tutoring, Internships, Volunteers)
- Community Business Partners and Programming – Fire Departments, Guest Speakers, Food/Clothing Drives, Churches, Business Donations