**Reflective Journal 3-2-1-1-1 Chart**

**Name:**

|  |
| --- |
| 1. **Things You Found Out** *(include page number and content explicitly)* |
| **2 Interesting Quotes from the text and why you found them interesting** *(include page number and content explicitly)* |
| **1 \_\_\_\_\_\_\_\_\_\_\_ you can relate to…..** |
| **1 Personal Application you can take from this chapter….** |
| **1 Action you can continue with from this text***(One way you can apply this content to your current role.)* |